



Separators

Separators (sometimes called Spacers) are needed prior to an appointment where bands or crowns are going to be placed. They create a small space between the teeth making it easier and more comfortable for a band or crown to fit between the contacts of the teeth.

They may make teeth or gum tissue sore. A pain reliever (ie Advil or Tylenol) may be used to help with discomfort.

Please avoid eating sticky or chewy foods while the separators are in place. Do not floss where separators are placed.

Keep an eye on separators. If one falls out, try to replace with floss as instructed. If you cannot replace the missing separator, please call the office.